



教育图书



功能学具



学生之家

基础教育行业专研品牌

30⁺年专注教育行业

全品学练考

主编 肖德好

练习册

高中英语

选择性必修第四册 YLNJ

01

培养核心素养，聚焦主题语境

Unit 1 Honesty and responsibility

主题素养积累

The deepest friendship spans (跨越) time and space. So we asked some people how they've **managed to make** their bonds unbreakable.

Honesty is always the best policy. Heather Hopkins **credits** her long-lasting friendship to her honesty.

Just keep calling, even if there's nothing to really say. Nicki Bandklayder's over 20 years' friendships are going strong because she's always willing to get on the phone.

Just be a good listener. "My best friend in the world is from my freshman year in college," shares Judy Gropen. "She says that it is because I actually listen to her, and I am shocked by how smart and kind she is and how **different** she is **from** anyone I know."

Sometimes one party forgets to be present, but that's OK. "My best friend Helen and I are going on 32 years, and we never call out the other person on being an absentee friend," shares Angela Randall. "**Life happens and when you are in different places and going through different things, just pick up where you both are.**"

Turn technology to your advantage. "It's said that technology is destroying relationships, but there are few things as nice as being connected

with your best friends since elementary school by an ongoing group text," says Lauren Schwartz Gamsey. "**We are busy working mums across seven cities in three states, and we can still share everyday thoughts, big news, and silly stories as if we had never moved away from each other.**"

【主题词句背诵】

1. manage to do... 设法做成……
2. honesty *n.* 诚实
3. credit... to... 把……归于; 认为是……的功劳
4. (be) different from 与……不同
5. go through 经历
6. Life happens and **when you are in different places and going through different things**, just pick up **where you both are**. (时间状语从句; 地点状语从句)
生活是会变化的, 当你们在不同的地方, 并且经历着不同的事情时, 就从你们各自在的地方重新开始。
7. We are busy working mums across seven cities in three states, and we can still share everyday thoughts, big news, and silly stories **as if we had never moved away from each other**. (方式状语从句)
我们是(生活)在三个州、分散在七个城市的忙碌的职场妈妈, 我们仍然可以分享每天的想法、重大的消息和傻乎乎的故事, 就好像我们从未离开过彼此一样。

02

夯实语言基础，搭建知识框架

词汇点睛

1. **appointment** *n.* 约定, 约会; 任命, 委任; 职务

(教材 P2) It's an **appointment** made twenty years ago.

这是二十年前定下的一个约定。

- | | |
|--------------------------------------|-----------------------|
| (1) have/make an appointment with sb | 和某人约; 与某人约会 |
| keep an/one's appointment | 准时赴约 |
| break an/one's appointment | 违约, 失约 |
| (2) appoint <i>vt.</i> | 任命, 委任; 安排, 确定(时间、地点) |
| appointed <i>adj.</i> | 指定的 |
| appoint sb as... | 任命某人为…… |

句型透视

(教材 P2) **Well, we agreed that night that we would meet here again exactly twenty years from that date and time, no matter what our conditions might be or from what distance we might have to come.** 嗯, 那天晚上我们约定, 二十年后的同一日期、同一时间, 我们将再次在此相聚, 不管我们的处境将会如何, 也不管来的路程会有多远。

句型公式

"no matter + 疑问词" 引导让步状语从句

【句式点拨】

这是一个主从复合句, 其中 no matter what our conditions might be or from what distance we might have to come 是让步状语从句。no matter what 在

课内基础巩固

① 单词拼写(每小题1分,满分10分)

- The _____ (轮廓) of the ancient tree was beautiful, but it bore a **scar** from a lightning strike that had struck it years ago.
- He turned up the _____ (衣领) of his coat and hurried into a store, and bought a pack of **cigars**.
- The teacher wore a _____ (得体的) dress and smiled gently, walking among students to check their work.
- Mum raised an _____ (眉毛) at the messy room but smiled, saying, "Let's tidy it up together, dear."
- In the debate, she held her _____ (下巴) high, arguing logically, winning applause

- We must report _____ (legal) logging in the mountains to protect trees and keep our local air fresh.
- It was nearly 40 degrees and the air conditioning _____ (bare) cooled the room.
- In my club application, I promise to be _____ (rely)—always on time, ready to help, and never letting the team down.
- She made an _____ (appoint) with the dentist for next Tuesday, reminding herself to arrive on time for the check-up.
- She found the workshop to be a _____ (worth) experience, as she was **keen** to learn

课后素养提升

② 完形填空(每小题1分,满分15分)

[2025·福建莆田高二期末]

When I was a teenager, I joined a community garden project in my neighbourhood. At first, I was 1 by the idea of growing fresh vegetables, but the reality was more challenging. The soil was hard and rocky, and I often 2 to keep the plants alive during the hot summer months. One day, an elderly gardener named Mr Chen noticed my 3. "You need to 4 the soil with compost (堆肥)," he said, handing me a bucket of dark, rich earth. "Plants can't grow without 5."

I followed his advice and gradually saw improvements. The tomatoes grew plump and juicy, and the lettuce stood tall and green. But just as I began to 6, a heavy storm hit our

- | | |
|---------------------|----------------|
| () 2. A. struggled | B. managed |
| C. refused | D. forgot |
| () 3. A. progress | B. mistake |
| C. effort | D. frustration |
| () 4. A. mix | B. replace |
| C. cover | D. test |
| () 5. A. sunlight | B. water |
| C. care | D. nutrients |
| () 6. A. relax | B. succeed |
| C. doubt | D. improve |
| () 7. A. flooded | B. destroyed |
| C. abandoned | D. neglected |
| () 8. A. wait | B. leave |
| C. worry | D. quit |
| () 9. A. difficult | B. steady |
| C. visible | D. natural |
| () 10. A. repaired | B. painted |

④ 写作

第一节 应用文写作(满分15分)

[2025·河北衡水廊坊等学校 NT20 名校联合体高二期末]

假定你是李华,国际青少年环保联盟(International Youth Environmental Union)正在全球范围内招募“绿色青年志愿者”,旨在鼓励青少年参与环保行动,推动可持续发展,你对此非常感兴趣。请你写一封电子邮件申请加入该志愿者团队,内容包括:

- 个人优势;
 - 表达期待。
- 注意:1. 词数80个左右;
2. 请按如下格式在相应位置作答。

第二节 读后续写(满分25分)

[2025·江苏南通高二期末]

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

The broken skateboard wheel

Jack loved skateboarding more than anything. Every afternoon after school, he practised tricks at the local skatepark. One day, his own board had a crack (裂缝) in it, so he asked his best friend Amanda if he could borrow hers.

"Can I use your skateboard today?" Jack asked during the lunch break. "Mine's broken."

Amanda hesitated, "Okay, but be careful. I need it back by 5pm."

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Unit 1 Honesty and responsibility

★ 提示：加底纹词汇为复现词汇

Period One Welcome to the unit & Reading—Reading comprehension

● 阅读理解(每小题 2.5 分, 满分 30 分)

A [2025 · 广东茂名高二期末]

Ever since the first time I visited, I've been in love with the Sahara. That was in Morocco in 2011, to survey the situation of the Saharan cheetah (猎豹). I am a conservation biologist, and I quickly realized the importance of preserving these forgotten animals. It's especially key in the context of climate change, to see how they adapt to drought, for instance.

The scientific community has paid little attention to Saharan wildlife. Almost nobody knows about the sand cat, for example. This beautiful animal emphasizes the challenges that all ecological research faces in hostile and remote environments, such as the Sahara. My colleagues and I have published the only scientific estimate of the sand cat's population.

It is difficult to work in such an isolated area. We must take a lot of care to avoid landmines left from regional conflict, for example, by using maps and avoiding the areas that local camel keepers also avoid.

I'm the chairman of the non-governmental organization Wildlife Research and Conservation, Ciudad Real, Spain. My fieldwork group is made up of a translator, scientists and wildlife experts. Some of the members also have skills as mechanics. We usually travel in two cars, with eight to ten people in total. Our expeditions (考察) last for 10—20 days. We need to carry enough water,

food and fuel to see us through. We try to avoid the summer, because it's impossible to carry as much water as we would need. We leave camera traps for up to a year. But we have to check them about every four months to replace the batteries and any pieces of equipment destroyed by the environment or people.

The Sahara is one of the most endangered ecosystems in the world. It's an urgent conservation priority to document this.

- () 1. Why did the author start to study Saharan animals?
- A. He recognized their significance.
B. He studied climate change.
C. He wanted to publish researches.
D. He loved the Saharan scenery.
- () 2. What does the underlined word "hostile" in Paragraph 2 mean?
- A. Unfavourable. B. Impossible.
C. Unavoidable. D. Unfamiliar.
- () 3. What is the main idea of Paragraph 4?
- A. The research process.
B. Importance of conservation.
C. The team's composition.
D. Wildlife research missions.
- () 4. What is the intention of recording the Sahara?
- A. To find more landmines.
B. To develop the desert.
C. To protect the ecosystem.
D. To attract more scientists.

B

By now, we all know that the planet is facing more environmental disasters, with quick-to-disintegrate (快速瓦解的) fast fashion clothing and the industry that creates it a major reason. Need proof? Just look at the 60,000-tonne-mountain of poisonous and thrown-away clothing that is visible from space.

Now, France is taking steps to resist the supercharged way we consume clothes, with the country recently announcing it will pay all citizens a “repair bonus” for taking their clothes in to get fixed rather than throwing them in the bins.

Beginning in October, citizens who bring their clothes in for repair will be able to claim back a €6 to €25 bonus, with the total payment depending on the complexity of the repair. All bonuses will be paid from a €154 million sustainability fund the government has set aside for the next five years.

By calling on people to take their items to get fixed, the government hopes to cut fast fashion waste throughout the country and encourage customers to purchase more “virtuous” products. In other words, the government is begging you to fix your clothes, rather than continuously over-consuming the products of fast fashion sites like Shein or Boohoo.

“It could encourage exactly the people who have bought, for example, shoes from a brand that makes good-quality shoes or likewise good-quality ready-to-wear clothes to want to have them fixed instead of getting rid of them,” explained France’s junior ecology minister Bérangère Couillard, who announced the

programme in Paris. “That is exactly the objective, to create a recycling economy for shoes and clothes so that products last longer, because in government we believe in the second life of a product.”

She also shared hopes that the programme will increase employment for French tailors and shoemakers. “The goal is to support those who carry out the repair,” she explained, while inviting all repair shops to join in the campaign for free.

- () 5. What do people usually do with old clothes according to the text?
- A. Discard them in the dustbins.
B. Mend them in the repair shops.
C. Donate them to those in need.
D. Put them away in the cupboard.
- () 6. What does the underlined word “virtuous” probably mean in Paragraph 4?
- A. Fashionable. B. Convenient.
C. Sustainable. D. Comfortable.
- () 7. What does Bérangère Couillard hope will be one of the results of the programme?
- A. Reducing taxes on clothing repair.
B. Encouraging the community economy.
C. Increasing sales for fast fashion brands.
D. Creating jobs for tailors and shoemakers.
- () 8. What is the best title of the text?
- A. French repair shops serve people for free
B. France leads a new trend in fashion industry
C. France encourages citizens to mend clothes themselves
D. French repairing programme pays people to reduce waste

Global scientists warned that 45% of known flowering plant species are at risk of disappearing, highlighting the urgent need for international action to address the planet's sixth mass extinction, driven by human activity. This finding is part of the fifth annual report, "State of the World's Plants and Fungi (菌类)", from the UK's Royal Botanic Gardens (RBG), Kew, which explores the biodiversity crisis and climate emergency.

The report emphasizes that the resources and services nature provides, such as food and fresh water, are the result of long-term ecosystem development. Rapid decline of ecosystems, greenhouse gas emissions, and water pollution risk are affecting the global balance established through evolutionary (进化的) processes. Effective management of plants and fungi is crucial to preventing biodiversity loss and restoring ecosystems.

"Every species we lose is a potential source of new medicines or solutions to hunger," the report notes. The report relies on two major advances: the completion of the first geographically complete World Checklist of Vascular (维管的) Plants and new data on fungal diversity from environmental DNA analyses.

The checklist includes 350,386 known vascular plant species, but as many as 100,000 more remain unidentified. Experts estimate that three out of four undescribed vascular plants are likely already at risk. Kew scientists suggest treating all newly described species as threatened unless proven otherwise.

The fungi section of the report highlights that only 155,000 species have been formally named, with estimates of total diversity ranging

from 250,000 to 19 million. Scientists now estimate there are 2.5 million fungal species, meaning over 90% remain unnamed. However, efforts to identify species continue, and over 8,600 plant species and 10,200 fungal species have been named since 2020.

The Kew report follows other alarming studies this year, including findings that 34% of plant species and 40% of animal species in the United States are at risk of extinction. It also comes after the Kunming-Montreal Global Biodiversity Framework, a pact (公约) aimed at safeguarding nature, though some advocates argue it is not strong enough.

- ()9. What is the main cause of the biodiversity crisis according to the report?
A. Natural disasters.
B. Human activities.
C. Climate change alone.
D. Lack of scientific research.
- ()10. What can we infer about undescribed plant species?
A. They exist mainly in laboratories.
B. They are all safe from extinction.
C. Scientists aren't interested in them.
D. Most of them may have been in danger.
- ()11. What do we know about the Kunming-Montreal Global Biodiversity Framework?
A. It lacks enough strength.
B. It offers ways to restore wildlife.
C. It is about protecting animal species.
D. It has solved the extinction problem.
- ()12. What is the best title for this text?
A. Research into plants and fungi
B. New discoveries in plant science
C. Plants and fungi are in danger of extinction
D. The Kunming-Montreal Global Biodiversity Framework

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Period Two Welcome to the unit & Reading—Language points

课内基础巩固

❶ 单词拼写(每小题 1 分,满分 10 分)

1. The _____ (轮廓) of the ancient tree was beautiful, but it bore a **scar** from a lightning strike that had struck it years ago.
2. He turned up the _____ (衣领) of his coat and hurried into a store, and bought a pack of **cigars**.
3. The teacher wore a _____ (得体的) dress and smiled gently, walking among students to check their work.
4. Mum raised an _____ (眉毛) at the messy room but smiled, saying, "Let's tidy it up together, dear."
5. In the debate, she held her _____ (下巴) high, arguing logically, winning applause from the teacher.
6. Protecting the environment needs us to follow green p_____: save energy, reduce waste, and love all living things.
7. Sunlight through the window made the d_____ ring on her finger shine, like hiding little stars.
8. On Teachers' Day, we wrote cards to b_____ our teachers, thanking them for guiding us with patience and love.
9. Please adjust desks by an i_____ or two, so students with different heights can sit comfortably.
10. Our eco-club will collect used w_____, melt them, and reuse the metal to make simple tools for the garden.

❷ 单句填空(每小题 1.5 分,满分 12 分)

1. I was a bit nervous when I recognized the man was a _____ (crime) wanted by the police.
2. Accused of copying, the _____ (innocence) student showed her draft, proving she'd written the essay alone.

3. We must report _____ (legal) logging in the mountains to protect trees and keep our local air fresh.
4. It was nearly 40 degrees and the air conditioning _____ (bare) cooled the room.
5. In my club application, I promise to be _____ (rely)—always on time, ready to help, and never letting the team down.
6. She made an _____ (appoint) with the dentist for next Tuesday, reminding herself to arrive on time for the check-up.
7. She found the workshop to be a _____ (worth) experience, as she was **keen** to learn new skills that would enhance her career.
8. At first, one of my neighbours was suspected _____ having links with the murder.

❸ 短语填空(每小题 2 分,满分 8 分)

1. Many young people in the country, **keen** on _____ (发财), went to big cities.
2. After being placed _____ (被逮捕), he sought **legal** experts to understand his rights and prepare for the upcoming trial.
3. We were good friends at one time but _____ (失去联系) with each other after he went abroad.
4. They were walking _____ (臂挽着臂) down the road, as if they had been friends for ages.

❹ 句型训练(每小题 3 分,满分 6 分)

1. Then _____ —desserts of which Grandpa and I share an equal love. (完全倒装)
然后到了我每顿饭中最喜欢的部分——我和爷爷都喜欢的甜点。

2. _____
_____, she just remained silent with a

smile. (no matter)
不管我问她什么问题,她就只是笑笑不出声。

课后素养提升

Ⅴ 完形填空(每小题 1 分,满分 15 分)

[2025·福建莆田高二期末]

When I was a teenager, I joined a community garden project in my neighbourhood. At first, I was 1 by the idea of growing fresh vegetables, but the reality was more challenging. The soil was hard and rocky, and I often 2 to keep the plants alive during the hot summer months. One day, an elderly gardener named Mr Chen noticed my 3. “You need to 4 the soil with compost (堆肥),” he said, handing me a bucket of dark, rich earth. “Plants can’t grow without 5.”

I followed his advice and gradually saw improvements. The tomatoes grew plump and juicy, and the lettuce stood tall and green. But just as I began to 6, a heavy storm hit our area. The next morning, I found the garden 7—seedlings (幼苗) were uprooted, and the fence had collapsed. I sat on the ground, feeling defeated.

Mr Chen appeared beside me. “Don’t 8,” he said, offering a hand. “Gardening teaches us that growth isn’t always 9. Sometimes you have to rebuild.” Together, we 10 the fence and replanted the seedlings. As we worked, he shared stories of his own 11 with failed crops and unpredictable weather. “What matters is not how many times you 12,” he said, “but how many times you get back up.”

By the end of the summer, our garden was thriving again. I learned that gardening, like life, requires 13, patience, and a willingness to learn from mistakes. When I left for college, I took a small pot of soil from the garden. It reminds me that even in the 14 of failure, there’s always the potential for a new 15.

- ()1. A. confused B. discouraged
C. excited D. amused

- ()2. A. struggled B. managed
C. refused D. forgot
()3. A. progress B. mistake
C. effort D. frustration
()4. A. mix B. replace
C. cover D. test
()5. A. sunlight B. water
C. care D. nutrients
()6. A. relax B. succeed
C. doubt D. improve
()7. A. flooded B. destroyed
C. abandoned D. neglected
()8. A. wait B. leave
C. worry D. quit
()9. A. difficult B. steady
C. visible D. natural
()10. A. repaired B. painted
C. used D. designed
()11. A. experiments B. adventures
C. challenges D. achievements
()12. A. try B. fail
C. grow D. change
()13. A. skill B. luck
C. courage D. teamwork
()14. A. face B. fear
C. shadow D. process
()15. A. beginning B. opportunity
C. discovery D. relationship

Ⅵ 阅读七选五(每小题 2.5 分,满分 12.5 分)

[2025·浙江温州浙南名校高二期末]

Helping people in need is a great way to make the world a better place. From the smallest acts of kindness to global humanitarian efforts, there are numerous ways in which you can help out your fellow humans.

Donate money or supplies to an organization.

Making a donation is one of the easiest and the most effective ways to help others. 1. _____.

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You may even have some unused items sitting around your home that could go to someone in need, like your unneeded furniture and clothing.

Participate in local or online fundraising efforts.

If you don't have the money or goods to donate yourself, assist in fundraising resources from the people who do. Offer to help with fundraising for a local organization or business, or set up your own fundraiser. You can also spread the word about online fundraisers by sharing posts on social media. 2. _____.

Use your platform to raise awareness for social issues.

Will you use social media and feel comfortable posting about political and social issues on your account? 3. _____. You can spread important messages and increase the number of people who care about and contribute to a cause. Advocate for causes by sharing stories, fact-checked information, and routes for others to mobilize resources and take action.

4. _____.

There's nothing wrong with deciding to help out others in a reactive way—for instance, donating money in response to a current emergency like a natural disaster, or political conflict. However, it's equally important to consistently practise the skills to help others. For example, consider getting trained in CPR and other first aid methods.

5. _____. Start with the simple things like holding the door for someone or offering a genuine compliment. Just take action!

- A. Commit to reactive actions
- B. Be active about gaining skills
- C. Using your voice online can be a powerful way
- D. However, money isn't the only thing that you can donate
- E. So, the next time you see a GoFundMe, just click "Share"

F. Helping others doesn't need to include novel ideas or grand gestures

G. It can be difficult to know exactly how to begin actively helping others

Ⅶ 语法填空(每小题 1.5 分,满分 15 分)

[2025·广东湛江高二期末]

In the turquoise (蓝绿色) waters and along the stunning coastlines of the Xisha Islands in the South China Sea, a crucial mission has been 1. _____ (quiet) taking shape, namely the protection of sea turtles. The conservation efforts are yielding great results. After years of conservation and environmental restoration, 1,734 nests containing green turtle eggs 2. _____ (discover) between 2017 and 2023.

These islands are 3. _____ important habitat for green sea turtles. 90% of China's sea turtles are found in the South China Sea, with green turtles 4. _____ (account) for more than 80%. Since the 1980s, the global population and habitat 5. _____ (decline) dramatically due to extreme overfishing, 6. _____ (legal) trade, and marine pollution, coupled with climate change.

In 7. _____ (respond) to these threats, Sansha has carried out a turtle protection system based on 24-hour monitoring and protection of nesting turtles and has developed key conservation policies.

A turtle conservation centre has been established on Beidao Island, 8. _____ research teams from several universities have set up laboratories and research centres 9. _____ (study) the status of green turtle populations, turtle environments and conservation biology.

Sea turtles are listed 10. _____ endangered under the Convention on International Trade in Endangered Species of Wild Fauna and Flora. In February 2021, China revised its national list of wildlife under key protection, including five species of sea turtles.

Period Three Grammar and usage & Integrated skills

课内基础巩固

❶ 用方框里的连接词填空(每词只能用一次)

(每小题 1.5 分, 满分 12 分)

because, where, while, now that, as if, the first time, by the time, as long as

1. _____ he decided to resign from his position, he had already secured another job that matched better with his career goals.
2. The cyclist just felt frightened _____ he was riding a bicycle and got injured.
3. The old man smiled at the playing kids, eyes shining, _____ he were back in his own happy childhood.
4. He sat silent, knowing _____ he told the truth, the guilty weight in his heart would slowly lift.
5. _____ Helen grasped the key to the language, she was very keen to learn more and use it as much as she could.
6. In the research project, the team directed their efforts _____ the core questions remained unanswered.
7. She applied a special cream _____ she wanted to reduce the wrinkles around her eyes.
8. _____ modern farming techniques provide superb help for production, they often have bad effects on the environment.

❷ 语法 + 写作(每小题 3 分, 满分 12 分)

1. _____, I make sure to stop by the children's ward to brighten their day with some cheerful stories. 每次我去医院时, 我一定会顺便去儿童病房, 给他们讲一些欢快的故事, 以此来让他们一天心情愉快。

2. _____, his decent manner made a lasting impression on her. 虽然她和那位老人只见过一面, 可他得体的举止却给她留下了难忘的印象。
3. _____ she felt ashamed of her harsh words and decided to apologize, hoping he would forgive her. 没过多久, 她就为自己尖刻的话语感到羞愧, 并决定道歉, 希望他能原谅自己。
4. No sooner _____ he was asked to start on another journey. 他刚到家就被要求开始另一次旅行。

❸ 语篇填空(每小题 1.5 分, 满分 15 分)

[2025·河南部分学校高二期末联考]

The Three Weirs (堰) of Hanzhong, namely Shanhe, Wumen and Yangzhen, have functioned as important irrigation schemes (灌溉系统) for a long time. 1. _____ (locate) in the Baohe River, the primary branch of the Hanjiang River, the Shanhe Weir is one of the important ancient water conservancy projects in China. It is said that Xiao He and Cao Shen, famous 2. _____ (general) of the Western Han Dynasty, 3. _____ (be) in charge of its construction.

The Shanhe Weir possesses three canal heads 4. _____ (collect) the water from the Baohe River for farmland irrigation. The modern irrigation system—the Baohui canal—was 5. _____ (basic) built along the original route of the Shanhe Weir. Since the completion of the Shimen reservoir in 1975, all the farmland once irrigated by the Shanhe Weir 6. _____ (cover) by the Shimen South Canal.

It channels the water of the Han River to irrigate the surrounding farmland, 7. _____ (ensure) the water supply for agricultural production. The design and construction of the Shanhe Weir reflect the high-level wisdom and technical level of ancient Chinese people. It is 8. _____ precious heritage in the history of

Chinese water conservancy.

Today, 9. _____ the Shanhe Weir has gone through many years, it still plays a certain role in local irrigation and water conservancy. It is not only a historical and cultural relic but also a witness 10. _____ the development of ancient water conservancy in China.

课后素养提升

Ⅳ 完形填空(每小题 1 分, 满分 15 分)

[2025·湖北十堰高二期末]

Last summer, I participated in a community service programme that completely changed my worldview. Our team of twenty students were divided into three groups to 1 _____ different social issues.

The environmental team 2 _____ rehabilitating the local river ecosystem. Armed with specialized tools, we 3 _____ 53kg of non-biodegradable waste, from plastic bottles to 4 _____ fishing nets. Though the sun was extremely hot, seeing the sparkling water reflecting clear skies again made every drop of sweat 5 _____.

6 _____, the education support team organized free classes for migrant workers' children. My teammate Amy transformed English grammar into treasure hunt games. "Their 7 _____ for learning shines brighter than any classroom light," she whispered, nodding at a girl carefully 8 _____ the word "horizon" in her notebook.

The most touching moment came when our elderly care group visited a nursing home. We 9 _____ traditional Chinese paper-cutting art activities. While teaching paper-cutting, the retired professor Zhang held his handcrafted flower, tears flooding his wrinkled cheeks. "Youthful 10 _____ heals deeper than medicine," he said.

Through these experiences, I realized 11 _____ work isn't about changing the world overnight. It's the small, consistent acts of 12 _____ that weave the social safety net. The children's laughter as they learned new songs, the elderly's

smiles while sharing childhood stories, and the 13 _____ beauty of nature all taught me the true meaning of 14 _____ responsibility. This invisible curriculum 15 _____ us into more compassionate human beings.

- () 1. A. discuss B. avoid
C. address D. raise
- () 2. A. moved on B. depended on
C. insisted on D. concentrated on
- () 3. A. detected B. measured
C. removed D. documented
- () 4. A. melting B. shining
C. new D. abandoned
- () 5. A. worthwhile B. meaningless
C. powerful D. salty
- () 6. A. Therefore B. Meanwhile
C. Finally D. Surprisingly
- () 7. A. hunger B. respect
C. capacity D. strategy
- () 8. A. deleting B. hiding
C. tracing D. carving
- () 9. A. prepared B. emphasized
C. attended D. inspected
- () 10. A. wisdom B. compassion
C. energy D. curiosity
- () 11. A. police B. volunteer
C. education D. group
- () 12. A. kindness B. competition
C. profit D. faith
- () 13. A. outstanding B. famous
C. restored D. impressive
- () 14. A. personal B. financial
C. academic D. social
- () 15. A. classifies B. shapes
C. separates D. persuades

V 阅读七选五(每小题 2.5 分,满分 12.5 分)
[2025·广东汕头高二期末]

Empowering teens for success:
a guide to future planning

As high school students, you're standing at the crossroads of adolescence and adulthood in today's rapidly changing world. 1. _____ This guide aims to empower you with the tools to navigate this critical time effectively.

Start by reflecting on what truly interests you and where your strengths lie. It may be a passion for science, a talent for languages, or a talent in arts. 2. _____ Engage in activities like journaling or career exploration workshops to discover more about yourself.

Goals are the stepping stones to your future. Set Specific, Measurable, Achievable, Relevant, and Time-bound (SMART) goals that will guide your actions and decisions. Both short-term goals, like improving your grades, and long-term aspirations, such as attending an ideal university, are crucial. 3. _____

The traditional high school to university route is just one option. Consider job training, online courses, or even internships that might correspond better with your career goals. High school is the perfect time to explore these alternatives, helping you make informed decisions about your future.

Having a strong support system is invaluable. Seek out advisors, teachers, or even peers who can offer guidance and encouragement. These relationships can provide you with different perspectives and valuable advice. 4. _____ In this way, you will make wiser choices and also grow with the confidence to face difficulties.

5. _____ You're well on your way to creating a future that's bright and full of opportunities. Take the first step today and start shaping your tomorrow.
A. Your future is a canvas, and you're the artist.
B. Methods like writing them down can also be helpful.

- C. You may feel confused when making choices for future.
D. It's about laying a strong foundation to support your dreams.
E. Matching your goals with these can lead to a more rewarding journey.
F. Remember, a good advisor listens, challenges, and respects your view.
G. They provide motivation and direction, ensuring you stay on your path to success.

VI 语法填空(每小题 1.5 分,满分 15 分)

In 1812, the year Charles Dickens was born, there were 66 novels 1. _____ (publish) in Britain. People had been writing novels for a century—most experts date the first novel to *Robinson Crusoe* in 1719—but nobody wanted 2. _____ (do) it professionally. Many works of fiction appeared 3. _____ the names of the authors, often with something like “By a lady”. Novels, for the most part, 4. _____ (look) upon as silly, immoral or just plain bad.

In 1870, when Dickens died, the world mourned him as 5. _____ (it) first professional writer and publisher, famous and beloved, 6. _____ had led an explosion in both the publication of novels and their readership. Today Dickens' greatness is unchallenged. 7. _____ (remove) him from the pantheon (名人堂) of English literature would make about as much sense as the Louvre Museum selling off the *Mona Lisa*.

How did Dickens get to the top? It's partly true that Dickens' style of writing 8. _____ (attract) audiences from all walks of life. It's partly that his writings rode a wave of social, political and 9. _____ (science) progress. But it's also that he rewrote the culture of literature and put himself at the centre. No one will ever know what mix of talent, ambition, energy and luck made Dickens such 10. _____ distinguished writer.

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Period Four Extended reading & Project & Assessment

课内基础巩固

❶ 单词拼写(每小题 1 分, 满分 10 分)

1. Maintaining _____ (诚实正直) is crucial in academics, as **cheating** not only weakens one's own efforts but also devalues the hard work of others.
2. Volunteers walked along the path, picking up _____ (垃圾) with gloves, their efforts making the street tidy.
3. Transitioning into this new _____ (阶段) of his career brought both excitement and the **burden** of increased responsibilities.
4. The _____ (有机的) product market is growing rapidly, reflecting consumers' focus on health and sustainability.
5. The company gave a _____ (奖金) to workers who met their goals, encouraging everyone to work harder next year.
6. Doctors say fruits and vegetables have rich m_____, which help kids grow strong and stay healthy every day.
7. The old worker, a loyal s_____, devoted his life to serving the people, setting a good example for us.
8. The postman handed me a p_____, and I guessed it was the new science book I'd ordered online last week.
9. They are always in a rush, as if closely rushed by an invisible d_____.
10. Hard-working, warm-hearted and strong-willed, my **nephew** is a man of many v_____.

❷ 单句填空(每小题 1.5 分, 满分 12 分)

1. Despite feeling _____ (discourage) by the initial setbacks, she chose to **embrace** the challenges as opportunities for growth and learning.
2. A lecture given by a psychological professor on how to cope with the pressure provided us with professional _____ (guide).
3. The artist realized that the **jade** sculpture had a _____ (fault) design, which required her to make adjustments to achieve the desired elegance.
4. The man threw himself quickly to the ground, begging the king to be _____ (mercy) and save him from death.
5. She felt _____ (guilt) about not speaking up sooner, as it was her **fault** that the misunderstanding had expanded.
6. Though she knocked over my desk, I _____ (forgive) her when she helped pick up the scattered books.
7. I was _____ (disappoint) when Grandpa's corn **harvest** turned out small, but he just smiled calmly and said, "Nature has its own rules."
8. She **pretended** _____ (find) the lost **diamond** necklace in order to avoid disappointing her friend, even though she had actually misplaced it.

❸ 短语填空(每小题 2 分, 满分 12 分)

1. Keeping a few really good friends around can _____ (有影响) to our health and happiness.
2. The responsibilities of his new job _____ (使焦虑不安) him, and he was thinking of **resigning**.
3. After the storm knocked out power for days, the residents were left _____ (任……摆布) the elements, hoping for relief and assistance from emergency services.

4. Our class _____ (着手) to **sow** sunflower seeds in the garden, hoping they'd bloom bright when summer comes.
5. She felt _____ (对……负责) managing her **savings** wisely, knowing that they would play a crucial role in her future financial stability.
6. Apparently the young graduates **barely** expected awful situations the future had _____ (将要发生) for them.

Ⅳ 句型训练(每小题 3 分, 满分 12 分)

1. _____ the result, Haley sat silently in the corner, her eyes filled with sadness. (形容词作状语)
得知了这个结果, 海莉很失望, 她静静地坐在角落里, 双眼满是忧伤。

2. You _____ our school will hold a reading week, with students sharing their favourite books in the hall.
你可能已经听说了, 我们学校将举办读书周, 学生们会在大厅分享他们最喜爱的书籍。
3. He worked diligently for months to increase his **savings** _____
to take his family on a memorable vacation.
他努力地工作了几个月来增加他的积蓄, 这样他就可以带家人去度过一个难忘的假期。
4. _____, she felt a new surge of confidence to face the challenges ahead. (省略结构)
当被温暖的鼓励话语包围时, 她感到一股新的自信油然而生, 足以面对未来的挑战。

课后素养提升

Ⅴ 阅读理解(每小题 2.5 分, 满分 20 分)

A [2025·江西赣州高二期末]

The energy crisis hasn't been a crisis for big fossil fuel companies. Companies like BP and Shell have posted greater profits in recent years with gas prices rising greatly. However, a number of families have fallen into fuel poverty in the UK, according to the charity National Energy Action.

Against this background, a quiet revolution has been taking place in the UK, where some communities are taking back energy independence. Encouraged by the falling cost of renewables, some communities across the country are beginning to meet their own energy needs, making them less **vulnerable** to price jumps, while reducing their carbon emissions at the same time.

One innovative community energy cooperative called South East London Community Energy (Selce) has taken on the double task of expanding the amount of local solar power and handling the growing issue of families being forced to choose between heating and eating. Over the last 10 years, Selce has raised more than £ 500,000 to provide free solar power for a dozen local community buildings—mostly primary schools. Each year, its team of trained energy advisors helps around

2,000 vulnerable families from falling into fuel debt. The Greenwich-based cooperative has also set up a range of free advice workshops and programmes supported by government to help local homes with heat pumps (管道) and solar power. Meanwhile, the government has promised to provide greater support for the community energy department with low-interest loans. So, does this mean a sunny future for groups like Selce?

"It's definitely good news but we're waiting to see the details," says Camilla Berens, one communal director. "Certainly, we can't stop everything. We live in an area where the support infrastructure (基础设施建设) is under incredible pressure." However, she remains optimistic. "Whatever happens, we'll carry on," she says. "I really believe that community energy groups like Selce are playing a key role in building the path to a sustainable future."

- () 1. Why are some communities in the UK fighting for energy independence?
- A. To increase the influence of local groups.
 - B. To prevent families from fuel poverty.
 - C. To make use of the rising cost of renewables.
 - D. To gain more control over local resources.

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- () 2. What does the underlined word “vulnerable” in Paragraph 2 probably mean?
A. Devoted. B. Known.
C. Used. D. Exposed.
- () 3. Which of the following best describes Selce?
A. Pioneering and promising.
B. Profit-driven and ambitious.
C. Incredible but impractical.
D. Sustainable but ineffective.
- () 4. Which would be the best title for the text?
A. Heat or eat: households face food poverty
B. Profit over people: fossil fuels dominate markets
C. Power to the people: the rise of community energy
D. Revolution for progress: government funds clean energy

B [2025·河北保定六校联考高二期末]

In recent years, there has been a noticeable change in the attitude towards animal welfare here in the Philippines, a movement that I hope will lead to a lasting, systemic change.

Among the many inspiring and pioneering animal welfare advocates doing the good work here in the country is Rina Ortiz, the founder of Biyaya Animal Care, who has a strong understanding of the popular landscape here in the country.

While other animal welfare programmes are dependent only on donor funding or government support, Biyaya Animal Care serves as a model on sustainable animal welfare advocacy—operating a pet clinic and using earnings to support over a thousand pets housed in an animal shelter in Alfonso, Cavite.

This, of course, is made possible because Ortiz understands the challenges caused by limited resources—both from the government and the private sector—in supporting animal welfare, prompting her to find sustainable solutions to support this important cause.

The Biyaya Animal Care model proves the

importance of adaptability and resourcefulness. Through a self-sustaining mechanism, Biyaya Animal Care shows that animal welfare doesn’t have to be a zero-sum game but rather a cooperation where the private sector can play a more active role in pushing for the cause.

I share Ortiz’s passion for sustainable animal welfare advocacy, which is why I introduced the cause to my own workplace, Meralco, and went a step further by institutionalizing it.

Through Meralco, employees are able to contribute to efforts to address the overpopulation problem of homeless cats with neutering (绝育) programmes. By doing so, it also contributes to improving public health conditions since controlling the growth of the homeless animal population through neutering helps minimize the risk of rabies (狂犬病). Thus that would not only benefit animals but also contribute to the improvement of community life, public health and safety.

- () 5. How does Biyaya Animal Care support animal rescues?
A. By asking for government funding.
B. By full reliance on public donations.
C. With the help of other welfare programmes.
D. Through operating a pet clinic and using its profits.
- () 6. What does the underlined word “prompting” in Paragraph 4 mean?
A. Inspiring. B. Inviting.
C. Promising. D. Helping.
- () 7. What is the author’s attitude towards Rina Ortiz’s business model?
A. Critical. B. Doubtful.
C. Supportive. D. Indifferent.
- () 8. What can be inferred about animal welfare in the Philippines?
A. People’s concern is decreasing.
B. Positive changes are taking place.
C. Resources are plentiful for related work.
D. The private business plays the leading role.

Period Five Writing

① 阅读理解(每小题 2.5 分,满分 20 分)

A [2025·江西新余高二期末]

Across the world, humans purchase around 1.3 billion single-use plastic water bottles a day. Because only about 9% of plastic is recycled, the vast majority of those bottles wind up in landfills, the ocean, or elsewhere in nature.

When beach-loving Madison noticed those plastic bottles littering the shoreline during her family's trips to California, the 12-year-old told *Smithsonian Magazine*, "I just felt like this needed to change."

So as she began thinking about what to do for her school science fair, back in 2021, the idea of a project centred on reducing plastic pollution quickly came to her mind: she would design an eatable water bottle called the Eco-Hero.

"One of my biggest ambitions for my project was wanting to help the world," the confident young inventor said in a video on a website.

To bring her idea to life, Madison built upon already established methods by experimenting with common food materials. She also took inspiration from previous versions of eatable water bottles, though she focused on making hers bigger and more durable. She found that the combination of water, lemon juice, natural gum, and alginic acid (褐藻酸) resulted in a gel pouch that wouldn't break, could hold up to 3/4 cup of water, and would last in the fridge for three weeks.

Though she'd like to improve the Eco-Hero by making it able to hold more water, she believes her current version would work well as a replacement for the paper cups used by runners in races. All one needs to do is bite a hole in the

water ball, drink the water, and then eat the pouch or throw it away to biodegrade.

Madison hopes the Eco-Hero inspires others to take better care of the planet. "It doesn't necessarily have to be in a big way," she told *Smithsonian Magazine*. "People can still make a difference in the world, even if it's just in a small way."

- () 1. What inspired Madison's design of an eatable water bottle?
- A. Her school's task.
B. Her family's urge.
C. Her trips to the beach.
D. Her love for nature.
- () 2. What can we know about the Eco-Hero?
- A. It is a copy of the previous versions.
B. It is made from unbreakable materials.
C. It has a hole and should be disposed of once used.
D. It is an improvement in size and durability.
- () 3. Which of the following words can best describe Madison?
- A. Talented and determined.
B. Ambitious and creative.
C. Courageous and confident.
D. Cooperative and committed.
- () 4. What can be the best title for the text?
- A. Small people make big moves
B. A good beginning is half done
C. Where there is a will, there is a way
D. Self-help is the best help

B

Smartphones enable our desire for ease and convenience. But sometimes—whether it's running a marathon, climbing a mountain, or assembling furniture—we willingly choose difficulty over ease. Michael Inzlicht, a psychologist at the

University of Toronto, calls this the effort paradox. While we often avoid hard work, other times we value it, viewing things as more rewarding if we have to work for them.

This phenomenon extends beyond extreme pursuits like mountain climbing or marathon running. Many individuals seek out challenging activities such as puzzles or crosswords because the effort itself is enjoyable. This appreciation of effort is deep-rooted in our brains, as dopamine (多巴胺) encourages us to value tasks that demand perseverance and dedication. “Sometimes effort is the only way that you can test yourself,” says Inzlicht.

In a study by a psychiatrist at Stanford University School of Medicine, mice learned to poke (伸) their noses into a hole to obtain juice. When the number of pokes it took to receive juice was raised, or mild electric shocks were given, more dopamine was released in the striatum, a brain region important for motivation and experiencing reward. It also found that people rewarded for choosing a more difficult task opted for the difficult version the next time, even if it no longer came with a reward. This appreciation of hard work transfers to unrelated tasks, from school and sports to work and parenting.

Still, putting down our phones and seeking exertion may be difficult at first. Anna Lembke, a psychiatrist at Stanford University School of Medicine, suggests building it into our schedule and doing it with friends or for a greater good, like running a race for charity or biking to save gas.

“Sometimes the same effort can become boring and frustrating, so keep it fresh: find a new park to walk through or save a favourite show or podcast for the gym. We can strive for a healthier balance between seeking pleasure

and embracing challenges,” Lembke says. “We are born to strive, but it’s up to us to channel that drive in a sustainable and fulfilling way.”

- () 5. Which belongs to the phenomenon of the effort paradox?
- A. Staying in an unsatisfying yet relatively stable job.
 - B. Throwing ourselves on the sofa after a tiring workday.
 - C. Eating high-calorie food even though we are overweight.
 - D. Hiking mountains even though we can take the cable car.
- () 6. What can we learn from Paragraph 3?
- A. The mice are fast learners.
 - B. Effort is costly but valued.
 - C. Hard work always pays off.
 - D. We feel safe in the comfort zone.
- () 7. What does the underlined word “exertion” mean in Paragraph 4?
- A. Convenience. B. Pleasure.
 - C. Effort. D. Assistance.
- () 8. What does Lembke suggest in the last paragraph?
- A. Avoiding ease and convenience at all costs.
 - B. Keeping a balance between your life and work.
 - C. Never giving up and persevering in the face of difficulties.
 - D. Finding something stimulating to finish effortful matters.

II 阅读七选五(每小题 2.5 分, 满分 12.5 分)

[2025·浙江湖州高二期末]

Community service is more than a college application requirement—it’s a transformative experience that shapes character and offers real-world learning. 1. _____ Yet many students approach it hesitantly, unsure how to make a meaningful impact or seeing it as an

uninteresting obligation. This hesitation often comes from not knowing how to match their interests with service opportunities.

The key is to find a project that fits both personal interests and community needs. For example, a group of high school students noticed the lack of green spaces in their urban neighbourhood, realizing a change was a must. 2. _____ They researched local gardening methods, sought neighbours' support, and spent countless weekends turning an abandoned lot into a lively community garden with flowers and vegetable patches.

Successful community service usually involves teamwork. 3. _____ By collaborating with local non-profits, schools, and businesses, students access what they couldn't get alone. A team aiming to improve literacy in underprivileged areas partnered with a local library. The library provided books, while the students designed engaging reading programmes for different age groups.

Overcoming obstacles during community service is an unavoidable part in the process. 4. _____ The students faced challenges like getting permits, handling limited funds, and persuading hesitant neighbours. These difficulties taught them problem-solving, patience, and communication. Similarly, those in the literacy project learned to adjust their teaching based on feedback.

5. _____ Many students find hidden talents, like leadership or public speaking, as they take on roles in service projects. Helping others not only enriches the community but also brings a stronger sense of purpose and a deeper understanding of social issues.

- A. Creating the community garden wasn't easy.
- B. Community service also offers self-discovery.
- C. They decided to act and started a project to change things.

D. Joint efforts bring together resources and create greater impacts.

E. It's a chance to leave comfort zones and develop valuable life skills.

F. This realization motivates them to take on more ambitious projects later.

G. Cooperation in community service builds strong relationships and helps future projects.

III 语法填空 (每小题 1.5 分, 满分 15 分)

Going green is more than just a fashion. There is a growing community of people who 1. _____ (entire) advocate a zero waste lifestyle. Living a zero waste lifestyle means doing one's best to achieve the aim of not sending anything to a landfill (垃圾填埋场). People adopting this lifestyle reduce what 2. _____ (need) and wanted. They reuse as much "waste" they recycle in daily life 3. _____ possible.

Still, these supporters claim to be frustrated by the many harmful chemical substances 4. _____ (find) in beauty and cleaning products. They also find the 5. _____ (popular) of single-use items and layers of packaging disturbing, some of 6. _____ even make their own toothpaste from coconut oil and baking soda. 7. _____ this lifestyle may be too big a change for the average person, we could make gradual changes to our own lives, such as bringing cloth bags for vegetables.

Experts say true zero waste is impossible 8. _____ (achieve) because waste unavoidably comes about in production and transportation. It is to change mindsets (观念模式) and habits to lessen our negative impact on the environment. In Asia, Singapore, which does have good laws and regulations, 9. _____ (take) good care of the environment for a long period. It was also the first Asian city to have made the cut. This is 10. _____ inspiring piece of news for residents who may want to make this world a cleaner and greener place.

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IV 写作

第一节 应用文写作(满分 15 分)

[2025·河北衡水廊坊等学校 NT20 名校联合体高二期末]

假定你是李华,国际青少年环保联盟(International Youth Environmental Union)正在全球范围内招募“绿色青年志愿者”,旨在鼓励青少年参与环保行动,推动可持续发展,你对此非常感兴趣。请你写一封电子邮件申请加入该志愿者团队,内容包括:

1. 个人优势;

2. 表达期待。

注意:1. 词数 80 个左右;

2. 请按如下格式在相应位置作答。

Dear Sir/Madam,

I am Li Hua, a high school student from China.

Yours,
Li Hua

第二节 读后续写(满分 25 分)

[2025·江苏南通高二期末]

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

The broken skateboard wheel

Jack loved skateboarding more than anything. Every afternoon after school, he practised tricks at the local skatepark. One day, his own board had a crack (裂缝) in it, so he asked his best friend Amanda if he could borrow hers.

“Can I use your skateboard today?” Jack asked during the lunch break. “Mine’s broken.”

Amanda hesitated, “Okay, but be careful. I need it back by 5pm.”

“I promise!” Jack said happily.

★ That afternoon, ★ Jack was attempting to jump over a low wooden fence at the park when disaster struck. As he lifted the board to clear the fence, the front wheels caught the edge.

Jack fell hard on his side, and worse, when he picked up the board, he saw one wheel had completely come off.

Jack’s stomach dropped. Amanda would be angry. He quickly gathered all the pieces and texted Melissa, his most sensible friend, to meet him at the park bench. Melissa arrived ten minutes later, her eyebrows shooting up when she saw the damage. “Wow, you really messed up Amanda’s board.”

“I know!” Jack groaned. “What should I do?”

“Tell her immediately,” Melissa advised. “The longer you wait, the angrier she’ll be.”

With shaking hands, Jack called Amanda. When he explained what happened, there was a long silence before Amanda spoke in a tight voice: “That’s my little brother’s skateboard. He has his first competition next Saturday!”

Jack felt terrible. Amanda’s 12-year-old brother Tim had been practising for months, dreaming of holding that first-place trophy (奖杯). This competition meant everything to him. After another pause, Amanda sighed, “It’s OK; accidents will happen. We’ll figure it out together.” Her voice softened, easing Jack’s guilt a little.

“I’ll fix it,” Jack promised. “Just... I don’t have money for a new one.”

注意:续写词数应为 150 个左右。

Paragraph 1:

After school, Jack and Amanda searched online and found a small repair shop across town.

Paragraph 2:

On the competition day, Jack nervously watched Tim compete.

► 单元小测

Unit 1

❶ 单句填空(每小题 1.5 分, 满分 15 分)

1. Dad handed me a big box _____ (wrap) in golden paper and tied with a red ribbon.
2. The angry father glared at his naughty son, who had been caught _____ (cheat) in the last exam.
3. Mum hid her _____ (disappoint) when the picnic was canceled, cheering us up with home-made cakes.
4. The themes of love, integrity and _____ (forgive) are all beautifully explored in the movie.
5. It was _____ (discourage) that old temple carvings were damaged by bad weather, but workers repaired them patiently.
6. As a citizen, you are _____ (legal) entitled to certain privileges, such as the right to vote and access to public services.
7. As a _____ (photograph), I love the bright light and amazing colours: red rocks, green plants, blue-green waters and blue skies.
8. "I finally made it!" rejoiced the old postman, a broad smile spreading across his _____ (wrinkle) face.
9. She felt ashamed _____ her performance on the project, especially since her hard work had only earned her a small bonus instead of the recognition she had hoped for.
10. I am writing to inform you of my decision to resign _____ my current position.

❷ 短语填空(每小题 2 分, 满分 16 分)

1. He _____ (发财) by discovering a rare mineral deposit that attracted the attention of major mining companies.

2. The farmers raced against time to carry out irrigation and fertilization to _____ (赶上最后期限) for sowing.
3. As a geophysicist, she felt _____ (对……负责) ensuring that her research led to a better understanding of the Earth's structure and natural resources.
4. Never have I thought my effortless kindness could _____ (对……有着重要影响) to a poor girl.
5. Traditional paper-cutting _____ (远远超过) decorating windows; it carries people's wishes for a happy and safe life.
6. Previous studies have shown that regularly practising tai chi can help reduce falls among seniors, and _____ (促进) their health.
7. _____ (受……的摆布) the storm, the fishing boat dropped its anchor, securing to the seabed.
8. I _____ (放慢) my breath and pretended calm, though my heart pounded nervously before the important speech.

❸ 句型训练(每小题 3 分, 满分 15 分)

1. No sooner _____ the gardener sowed lettuce and radish seeds, hoping for a quick harvest.
太阳一升起, 那位园丁就播下了生菜和萝卜的种子, 期待着能很快有收成。
2. _____, which is surrounded by green trees with a small river flowing through it. (倒装)
在山脚下, 有一个农场, 四周绿树成荫, 一条小河从中穿过。

3. The employees **rejoiced** when they got their year-end **bonus**, _____ . (定语从句)

员工们在拿到比预期高得多的年终奖金时感到非常高兴。

4. A study of travellers _____ Tripadvisor names Yangshuo as one of the top 10 destinations in the world. (非谓语)

Tripadvisor 网站开展的一项针对旅行者的研究将阳朔列为世界十大旅游目的地之一。

5. He ducked his head and stepped back to his seat, _____ . (形容词作状语)

他低下头,回到座位上,有点不安和内疚。

IV 完形填空(每小题 1 分,满分 15 分)

[2025·江苏连云港高二期末]

David tenderly guided his father, Arthur, into the lively restaurant—a place once filled with joyful birthday celebrations and happy memories. Now, it apparently highlighted Arthur's 1 strength. Arthur's unsteady steps clearly 2 his age, and David felt a wave of mixed emotions.

During the meal, Arthur had a(n) 3 using his fork; his hands shook visibly. A pea rolled off his spoon and 4 on his shirt. Some people in the restaurant whispered and laughed behind, casting 5 glances their way. But David stayed 6, his attention fixed merely on his father.

Once Arthur finished eating, David 7 him to the restroom. With a warm cloth, he 8 wiped away the pea stain from Arthur's shirt, his movements as gentle as possible. He then combed his father's thinning hair and 9 his slightly out-of-position glasses with care.

Back at their table, David held his head high, 10 the curious stares around him. Just as they were about to leave, an elderly man called David over. “Young man,” he said.

“Did you forget something here?” David shook his head, 11. The old man smiled. “But you did. You’ve left behind a gift—a lesson for every child on how to 12 their family, and a reminder for every parent that love never 13.”

The noisy restaurant suddenly became quiet, as if reflecting on the 14 just unfolded, which revealed the lasting strength of family bonds and the quiet 15 of kindness.

- ()1. A. declining B. increasing
C. growing D. lasting
()2. A. took away B. gave away
C. sent off D. called for
()3. A. difficulty B. interest
C. passion D. gift
()4. A. landed B. spread
C. grew D. melted
()5. A. inspiring B. tiring
C. disapproving D. admiring
()6. A. nervous B. calm
C. **ashamed** D. frustrated
()7. A. urged B. persuaded
C. supported D. forced
()8. A. cautiously B. passively
C. hesitantly D. unwillingly
()9. A. cleaned B. loosened
C. folded D. adjusted
()10. A. meeting B. withdrawing
C. hiding D. sheltering
()11. A. annoyed B. thrilled
C. puzzled D. disappointed
()12. A. restore B. ignore
C. abandon D. treasure
()13. A. fades B. straightens
C. emerges D. falls
()14. A. story B. memory
C. scene D. celebration
()15. A. magic B. shadow
C. secret D. impact

●V 阅读理解(每小题 2.5 分,满分 10 分)

Many of us would probably say that lying is a matter of moral choice. But in his philosophy book *A History of Lying*, Juan Jacinto Muñoz-Rengel takes us in a different direction, which he calls “non-moral”.

He takes several persuasive steps to redirect us. First, he asks us to take into account how we represent reality to ourselves, and how we see it in relation to the self. This requires us to employ awareness of not just the world but also the concepts to describe it to ourselves and others. Moreover, the “reality” we believe we see and know might be an illusion (错觉). So how do we even know when we’re telling the truth, and when we’re lying about it?

His second step is to say that our sense of personal identity should be treated with doubt, since we're frequently wrong about our own experiences. If continuing personal identity might be an illusion, then the reality we see might be an illusion as well. But we choose to take part like actors in this illusion.

From here Muñoz-Rengel takes a third step towards what he calls “evolutionary epistemology (认识论)”, which shows everything we claim to know should be evaluated through an evolutionary angle. For instance, to stay safe from natural enemies or hunt for food, some animals evolve into being capable of mixing with the surroundings to delude others. The thing is, the species continues through natural selection processes. Equally, we grow myths to explain the natural world and our place in it...As individuals and as societies, various forms of lies are built into our DNA.

The arguments in this book are strongly made, but more than a few of Muñoz-Rengel's

viewpoints need far more evidence as support. But anyhow, in separating the discussion from conventional morality-based studies of lying, he has produced a lively and distinctive work. But still, there is one thing to remember—we perhaps will be liars, but that doesn't mean we shouldn't ask ourselves when it is acceptable to lie and when it isn't.

- () 1. What can be implied about Muñoz-Rengel's first persuasive step?
- A. We can hardly control what we do in real life.
- B. We are able to tell illusions from reality.
- C. We choose to lie or not in different cases.
- D. We tend to see reality in a subjective way.
- () 2. Why does Muñoz-Rengel give the examples in Paragraph 4?
- A. To make a comparison.
- B. To clarify a concept.
- C. To raise a problem.
- D. To change a topic.
- () 3. What does the underlined word "delude" in Paragraph 4 probably mean?
- A. Surprise. B. Trick.
- C. Amuse. D. Protect.
- () 4. How does the author find the arguments in this book?
- A. One-sided but convincing.
- B. Conventional but impressive.
- C. Poorly-based but novel.
- D. Serious but understandable.

●VI 阅读七选五(每小题 2.5 分,满分 12.5 分)

〔2025·山东淄博高二期末〕

The library guardian

In the heart of Sunnyside Community, Ms Clara, a 72-year-old retiree, has turned the local library into a lifeline for children and seniors.

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For 15 years, she’s arrived at 8:30 am to unlock the doors, prepare storytime kits and dust the shelves. 1. _____ “Many kids here don’t have books at home,” she says. “A library card is their first step to freedom.”

Ms Clara’s impact goes beyond books. She remembers every child’s name and favourite works—Liam loves space novels while Mia adores graphic novels. 2. _____ “She notices when a kid misses a week,” says parent Tom. “She’ll call us to check if they’re okay.”

For seniors, Ms Clara hosts monthly “Memory Lane” sessions in the library, where they share photos and stories. In fact, seniors often arrive early to help her set up chairs. “Clara makes me feel useful again,” says Mr Chen, who now brings his late wife’s recipes to the group. 3. _____

When the library faced budget cuts last year, Ms Clara gathered the community. She organized a bake sale, invited local artists for a charity auction (拍卖会), and even taught the kids to write letters to council members. 4. _____ “We didn’t just save the library,” she smiles brightly. “We proved we’re a family.”

Today, the library’s walls are covered with kids’ drawings and thank-you notes. 5. _____ “My reward is seeing a shy child grin when I hand them their first book,” she says. “That’s why I keep coming back.”

- A. Her efforts prevented the library from closing.
- B. The shelves hold more than 2,000 donated books.
- C. She even memorizes their birthdays and favourite snacks.
- D. She also volunteers at the local senior centre twice a week.

- E. This routine is her way of saying “welcome” to every visitor.
- F. Some kids call her “Grandma Clara” when they hug her goodbye.
- G. These sessions have become a highlight for seniors longing for connection.

Ⅶ 语法填空(每小题 1.5 分,满分 15 分)

A walk through the *hutong* near Beijing’s Drum Tower is always like stepping back in time. But 1. _____ one recent cold winter night, during a walk through a well-travelled *hutong* there, I found myself suddenly transported back to my childhood years.

I was heading towards one of the 2. _____ (area) two excellent CD record stores, when a display in a shop window caught my eye. Upon 3. _____ (close) inspection, I realized the painting was a jigsaw puzzle, and that the shop was devoted to such puzzles. When I stepped inside, the store’s toasty warmth relighted fires in my heart and memory. Long ago, while doing the puzzles and searching 4. _____ (endless) for the proper piece, I often found myself wondering whether perhaps I had lost a piece 5. _____ maybe my cat had stolen one. To effectively solve problems, we need effort and rest; when 6. _____ (stick), we need a break to bring clearness, finding the missing piece rapidly.

Among the valuable lessons and rewards that these puzzles offer 7. _____ (be) that patience and determination are enhanced. But what is most 8. _____ (benefit) is how, like the detective Sherlock Holmes, we look for answers or clues, working tirelessly 9. _____ (find) the perfect fit. It’s an approach 10. _____ pays off when we encounter any challenge that life presents.